



Rae Dunphy Aromatics Ltd

and



The Blossoming Heart[®]

present



Robbi Zeck ND

**In Canada for the first time! Author of
The Blossoming Heart –
Aromatherapy for Healing and Transformation**

Begin the journey of awakening your heart and create the best possible conditions for your body to heal itself. This extraordinary program will empower you with an understanding of essential oils, aroma and the soul. The Blossoming Heart embraces beauty, transformation and balance, focusing on how to influence your physical health, your state of mind and your connection to spirit through exploring aromatherapy from an emotional perspective.

Be supported and inspired by the power of essential oils to enhance the spirit, look and feel of your life. Discover techniques that will change your life forever. As a practitioner, learn empowering methods to help your clients achieve healing and balance.

☯ Aromatic Kinesiology® ☯

LEVEL ONE

TOPICS COVERED

- How emotional patterns affect your health and wellbeing.
- Effective techniques to reframe emotional issues and reduce stress.
- Kinesiology – how to hear, feel and understand the body's voice.
- Practical skills to relax the body/mind while deepening awareness of the connection between essential oils, emotions and the body, mind and spirit.
- The relationship between essential oils and the acupuncture meridians.
- Exploring how daily use of essential oils can enhance and change your life.
- Emotional stress release.
- Essential oils and the emotions.
- Blossoming Heart meditations.
- The art of reflective and introspective practice.
- Blossoming Heart Affirmations.
- Wellness strategies for use at home and in the work place.
- The Essential Oil Reflections as metaphors for change.



Aromatic Kinesiology Level One takes you into the world of energy and fragrance, where your heart will be opened through the recognition of beauty in all its forms. Create a healing intention for your journey through life using *The Essential Oil Reflections* as metaphors for positive change.

Learn to reframe emotional issues with simple, yet effective techniques to create balance and harmony in your life. Release patterns that no longer serve you and experience the fullness of a wholehearted way of living.

☯ ROBBIE ZECK ND ☯

Robbie Zeck ND is the developer of *Aromatic Kinesiology*®, an empowering system of energetic medicine, which blends the harmonizing influences of essential oils with gentle healing techniques that balance the emotions, transform stress and create wellbeing.

Her pioneering work on the psychological benefits of essential oils and how they affect the integration of emotional experiences is beautifully portrayed in her deeply moving workshop series based on her inspirational book *The Blossoming Heart - Aromatherapy for Healing and Transformation*. Now in its second printing, the book was translated into Mandarin and Spanish in 2006.

A dynamic conference speaker, Robbie has taught hundreds of workshops and is passionate about inspiring and supporting people to enhance the quality and substance of their lives. A rich understanding of the healing arts has translated into powerful personal change for many who have attended Robbie's seminars and private consultations.

She is dedicated to inspiring people to find their own voice through discovering their passion, vision and purpose and assisting them to become the creative force in their own lives. The Blossoming Heart workshops are all designed to offer tools, strategies and support for creating a vision for successful living and wellbeing.

Robbie is a naturopath, counsellor, aromatherapist and trainer and maintains a successful coaching practice in Ballarat, Australia. Her education covers a wide range of modalities including Kinesiology, Remedial Massage, Neuro-Linguistic Programming-NLP, Counselling, Transpersonal Psychology, Aromatherapy and Herbal Medicine.

In 1994, Robbie co-founded with her husband Jim Llewellyn, *Aroma Tours*®, a specialist tour company which escorts people to beautiful places where perfumery, aromatic plants, essential oils, fascinating history and culture can be experienced in exquisite locations. Their tours and retreats are heartfelt affairs that capture the spirit and essence of each country visited and they delight in sharing with others the places and people they love.

☯ REGISTRATION INFORMATION FOR 2010 ☯

The workshop manual, handouts and *The Aromatic Emotional Barometer Chart* are included in the registration fee. *The Blossoming Heart* book is used as a reference during the seminar and may be purchased at the event or contact Rae Dunphy Aromatics if you wish to purchase it prior to the event.

Booking is through Robbie's secure **online booking** at www.aromatic-kinesiology.com/booking-request.htm

You will be sent a confirmation letter, receipt and other seminar information once you are registered.

For more information call 800-563-8938 or email raedunphy@shaw.ca

For more information on Robbie's work, visit www.aromatic-kinesiology.com

Cost
Can \$395
(deposit of \$195
at booking)

Toronto

October 29 (eve), 30 & 31
Assembly Hall
Kipling Ave & Lake Shore Blvd
Etobicoke, ON

Calgary

November 5 (eve), 6 & 7
Self Connection Books
4611 Bowness Road NW
Calgary, AB

Vancouver

November 12 (eve), 13 & 14
Best Western Abercorn Inn
9260 Bridgeport Rd
Richmond, BC